

Sample List of Hoarding Workshop Topics and Measureable Objectives
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Workshop Title: Introduction to Hoarding

Length: 2 hours

Target Audience: General Public or Service Providers Interested in Hoarding Behavior

Overview: Hoarding behavior can impact the health and safety of people who hoard, their family members and the community in which they live. This workshop will review some of the most current research, policies and community practices in helping adults who are afflicted by this perplexing disorder. This workshop is intended for individuals with all levels of interest and expertise

Measurable Objectives: Participants will be able to:

1. define compulsive hoarding disorder
2. identify at least eight other behavioral health disorders that are frequently associated with hoarding behavior.
2. identify at least ten potential environmental, medical, social and legal problems frequently associated with human hoarding behavior.
3. discuss the importance of risk, capacity, functioning and motivation in determining types of interventions to undertake with treatment resistant adults who hoard

Workshop Title: Overcoming Resistance: Understanding and Engaging Reluctant Clients

Length: 2 hours

Target Audience: Professional Organizers

Overview: People who experience chronic disorganization are often reluctant to seek help, and even after agreeing to services may drop out when the real work begins. This presentation will review reasons for resistance and offer a variety of approaches to engaging and maintaining a helping relationship with individuals challenged by chronic disorganization.

Measurable Objectives: Participants will be able to:

1. identify at least five reasons why people with chronic disorganization may be reluctant to participate in organizational services

2. differentiate between clients who can and cannot benefit from outreach and engagement efforts.
3. describe four methods to engage reluctant individuals who have problems with chronic disorganization

Workshop Title: Reducing Fires in Hoarded Homes

Length: 2 hours

Target Audience: First Responders

Overview: Hoarded homes are a safety hazard to residents, neighbors, and especially to first responders who are usually unaware of the hidden dangers within. This workshop will review the most recent research concerning human hoarding behavior and will explore practical issues surrounding the development and implementation of interventions that can reduce the harm of this perplexing and challenging behavior.

Learning Objectives:

1. Review latest research concerning the genesis of hoarding behavior, co-occurring conditions and related disorders
2. Discuss policy and practice barriers that inhibit service provision to people who hoard
3. Review existing codes that can assist authorities in reducing fire risks in hoarded homes
4. Introduce a conceptual model for identifying strategies in working with intervention treatment resistant adults who hoard
5. Discuss the benefits of multidisciplinary and multi-agency hoarding work groups and task forces
6. Introduce "Enforced Harm Reduction" as an strategy to reducing the hazards of hoarding behavior

Workshop Title: Enforced Harm Reduction Model as Applied to People who Hoard

Length: 3 hours

Target Audience: Service Providers who encounter hoarding

Overview: Most adults who hoard and who come to the attention of public services appear to be resistant to change. Motivational Interviewing techniques, though very helpful, may not be enough to break through extreme resistance. This workshop will explore ethical and practical issues surrounding the development and implementation of Enforced Harm Reduction approach with intervention resistant adults who hoard.

Measurable Goals: Participants will be able to:

1. Discuss policy and practice barriers that inhibit service provision to people who hoard.
2. Describe a conceptual model for identifying strategies in working with treatment resistant adults who hoard
3. Discuss the benefits of Enforced Harm Reduction verses complete clean-outs or evictions.

Workshop Title: More than Clutter: An Overview of Research, Policy and Practice in Helping Older Adults who Hoard

Length: 6 hours

Target Audience: Service Providers who encounter hoarding behavior

Overview: Hoarding behavior can impact the lives of elders, their family members and the community in which they live. This workshop will review the some of the most current research, polices and practices, and offer some innovative ideas in helping older adults who are afflicted by this baffling disorder.

Measurable objectives: Participants will be able to identify or discuss

1. the five most common disorders associated with human hoarding behavior.
2. at least ten potential medical issues frequently associated with human hoarding behavior.
3. five universal precautions to be used when entering a squalor residence.
4. five actions to avoid and five actions to take when working with a person who hoards.
5. five methods of clinical interventions with people who hoard.
6. four benefits of a collaborative approach to serving the individual who hoards
7. the importance of risk, capacity and motivation in determining types of interventions to undertake with intervention resistant older adults who hoard.
8. the difference between the roles of helper and enforcer in enforced harm reduction interventions.

Workshop Title: Working with "Packrats" and Hoarders: Balancing Civil Liberties with Civic Responsibilities

Length: 8-hours

Target Audience: Code Enforcement Officials, Animal Control Officials and Human Service Workers who Encounter People who Hoard Junk, Trash, Debris, and/or Animals

Overview: This workshop will provide an overview of “pack rat” or hoarding behavior, its roots and contributing factors and the impact of severe hoarding behavior on the individual, family and community. Practical ideas and responses to this complex issue will also be discussed.

Measurable objectives:

Participants will be able to:

1. identify at least five different factors that can lead to or contribute to “pack rat” conditions.
2. identify at least ten potential environmental, medical, social and legal problems frequently associated with hoarded environments.
3. identify five universal precautions to be used when entering a squalor residence.
4. list five actions to avoid and five actions to take when working with a person who hoards.
5. discuss ethical considerations concerning individual rights vs. civic responsibilities in hoarding situations
6. differentiate between three types of animal hoarders and the recommended interventions for each
7. describe the Humane Society of America’s recommended community approach to dealing with animal hoarding
8. discuss the importance of risk, capacity, functioning and motivation in determining types of interventions to undertake with intervention resistant adults who hoard.
9. differentiate between the roles of helper and enforcer in enforced harm reduction interventions.
10. describe four benefits of service coordination and collaboration.